

West Elk Soo Bahk Do Moo Duk Kwan

Adult Gup Testing Application Procedures

Checklist

Test Date ___/___/___

Ongoing

- Weekly Do Jang attendance - eight classes per month

Five weeks before the test date

- Talk to your Instructor about your desire to be a candidate for testing
- Contact the Test Proctor and state your intent
- Review the “Minimum Promotion Requirements” and “Minimum Time requirements” in your Gup & Dan Manual”

Two weeks before the test date, submit to the test proctor the following package

- “Application for Gup Promotion” – complete the area “Student must complete entire section”.
- “Notice of Intent to Promote”.
- A copy of your Federation “Membership Identification Card”.
- Additional requirements for specific ranks.
 - 8th Gup Candidates – complete the History of the Moo Duk Kwan study guide.
 - 6th Gup Candidates – Essay: Define and apply to your training in the do jang and life outside the do jang the first four of the “Eight Key Concepts”.
 - 5th Gup Candidates – Essay: Define and apply to your training in the do jang and life outside the do jang the second four of the “Eight Key Concepts”.
- Paperclip the package together.
- Type all essays and study guides double-spaced and staple the pages of the essay or study guide together

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